

UNION COLLEGE

Exercise Science Minor
Curriculum Plan
26 Hours

Student

ID#

Advisor

Program Curriculum (26 Hours)

Required Course	Hours	Transfer/Substitution/Notes	Final Grade
PHED 351: Tests and Measurements	3		
PHED 410: Exercise Physiology	3		
PHED 421: Kinesiology	3		
HMPF 441: Exercise Assessment and Prescription	3		
BIOL 330: Vertebrate Anatomy & Histology	4		
BIOL 331: Human Physiology	4		
PHED 340: Motor Development	3		
WELL 131: First Aid & Safety	3		

Students who declare this minor may not declare a major or minor in Human Performance.