



Human Performance Minor
21 Hours

Student ID# Advisor

Required Courses (15 Hours)

Required Course	Hours	Transfer/Substitution/Notes	Final Grade
PHED 351: Tests and Measurements	3		
PHED 410: Exercise Physiology	3		
PHED 421: Kinesiology	3		
HMPF 441: Exercise Assessment and Prescription	3		
WELL 340: Anatomy & Physiology	3		

Elective Courses (6 Hours)

Course	Hours	Transfer/Substitution/Notes	Final Grade
Students will complete two of the elective courses from the list below. Only one nutrition class may be used to fulfill the elective component of this minor. If both are taken, only the first one may count toward the minor.			
HMPF 435: Social Psychology of Sport and Human Performance	3		
PHED 275: Elementary Movement Forms	3		
PHED 340: Motor Development	3		
PHED 361: Organization and Admin of Physical Education Athletics	3		
PHED 420: Physical Education for the Exceptional Child	3		
WELL 361: Principles of Nutrition OR Well 461: Nutrition for Special Needs *Only one of these may be used to fill elective block	3		