

# UNION COLLEGE

## Health Minor 25 Hours

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Student

\_\_\_\_\_  
ID#

\_\_\_\_\_  
Advisor

### Required Courses (18 Hours)

Course	Hours	Transfer/Substitution/Notes	Final Grade
PHED 351: Tests and Measurements	3		
WELL 178: Life Choices	3		
WELL 275: Foundations of Health Science *Only offered in January and spring terms	3		
WELL 340: Anatomy and Physiology *Only offered in the fall	3		
WELL 475: Critical Areas in Health	3		
WELL 361: Principles of Nutrition (offered in fall) OR WELL 461: Nutrition for Special Needs (offered in spring)	3		

### Physical Education Activity Courses (4 Hours)

Course	Hours	Transfer/Substitution/Notes	Final Grade
Students will complete four Physical Education activity courses.			
PHED 1__:	1		
PHED 1__:	1		
PHED 1__:	1		
PHED 1__:	1		

### Health Elective (3 Hours)

Course	Hours	Transfer/Substitution/Notes	Final Grade
Students will complete one of the electives from the list that follow:			
WELL 131: First Aid and Safety	3		
WELL 252: Mental Health	3		
WELL 272: Drugs and Society	3		
WELL 350: Administration of Public Health	3		
WELL 361: Principles of Nutrition	3		
WELL 451: School and Community Health Workshop	3		
WELL 461: Nutrition for Special Needs	3		
WELL 485: Health Promotion Internship	3-6		
WELL 495: Independent Study in Health	3		