



Health Promotion Major  
Bachelor of Science Curriculum Plan  
36-39 Hours

Student	ID#	Advisor
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**Program Core (33-36 Hours)**

	Required Courses	Hours	Transfer/Substitution/Notes	Final Grade
	WELL 178: Life Choices	3		
	WELL 131: First Aid and Safety Education	3		
	WELL 252: Mental Health *Only offered in the fall	3		
	WELL 272: Drugs & Society *Only offered in the spring	3		
	WELL 275: Foundations of Health Science *Only offered in January and spring terms	3		
	WELL 311: Health Education – K-12 *Only offered in the fall	3		
	WELL 340: Anatomy and Physiology *Only offered in the fall	3		
	WELL 350: Administration of Public Health *Only offered in the spring	3		
	WELL 361: Principles of Nutrition (offered in fall) <b>OR</b> WELL 461: Nutrition for Special Needs (offered in spring)	3		
	WELL 485: Health Promotion Internship *Offered in fall and summer sessions	3-6		

**Elective Courses (6 Hours)**

	Course	Hours	Transfer/Substitution/Notes	Final Grade
Students will complete 6 hours from the list that follows:				
	PHED 351: Tests and Measurements in Health and PE	3		
	WELL 451: School and Community Health Workshop	3		
	WELL 461: Nutrition for Special Needs	3		
	WELL 475: Critical Areas in Health	3		
	WELL 495: Independent Study in Health	1-3		