

UNION COLLEGE HEALTH MINOR

Curriculum Plan

A minor in Health consists of 25 semester hours as outlined below.

Required Courses (22 hours)

PHED 351	Tests and Measurements	3_____
WELL 178	Life Choices I	3_____
WELL275	Foundations of Health Science	3_____
WELL340	Physiology & Anatomy	3_____
WELL475	Critical Areas in Health	3_____
WELL 361	Principles of Nutrition	3_____

Or

WELL 461 Nutrition for Special Needs 3_____

*PHED 1__ Four Physical Activity Courses 4

Health Electives (3 hours)

WELL 131	First Aid and Safety	3
WELL252	Mental Health	3
WELL350	Administration of Public Health	3
WELL272	Drugs and Society	3
WELL 361	Principles of Nutrition	3
WELL451	School & Community Health Workshop	3
WELL 461	Nutrition Special. Needs	3
WELL485	Health Promotion Internship	3-6
WELL495	Independent Study	3

Registrar Date Student Date Advisor Date