



Exercise Science Major
Bachelor of Science Curriculum Plan
44-50 Hours

Student ID# Advisor

Science Core (14-15 Hours)

Required Course	Hours	Transfer/Substitution/Notes	Final Grade
BIOL 101: Human Biology or BIOL 109: Elements of Biology	3		
BIOL 330: Vertebrate Anatomy and Histology	4		
BIOL 331: Human Physiology	4		
CHEM 230: General Organic and Biochemistry or CHEM 121: General Chemistry I	3-4		

Exercise Science Core (27-30 Hours)

Required Course	Hours	Transfer/Substitution/Notes	Final Grade
HMPF 441: Exercise Assessment and Prescription	3		
PHED 241: History/Philosophy of Physical Education	3		
PHED 340: Motor Development	3		
PHED 351: Tests and Measurements in Health and PE	3		
PHED 361: Organization and Admin: Physical Education	3		
PHED 410: Exercise Physiology	3		
PHED 421: Kinesiology	3		
EXSC 485: Exercise Science Internship	3-6		
WELL 131: First Aid and Safety Education	3		

Service Courses (3-5 Hours)

Course	Hours	Transfer/Substitution/Notes	Final Grade
PHED _____	1-3		
PHED _____	1-3		
PHED _____	1-3		

Note: Exercise Science majors are allowed to count only three service courses toward the major. If more are taken, the first three count in the GPA for the major. Up to eight semester hours of service courses may be credited toward graduation.