

# UNION

## C O L L E G E

### Health Minor 25 Hours

Student

ID#

Advisor

#### Required Courses (18 Hours)

	Course	Hours	Transfer/Substitution/Notes	Final Grade
	PHED 351: Tests and Measurements in Health & Physical Education	3		
	WELL 178: Life Choices	3		
	WELL 275: Foundations of Health Science *Only offered in winter and spring terms	3		
	WELL 340: Anatomy and Physiology *Only offered in the fall	3		
	WELL 475: Critical Areas in Health	3		
	WELL 361: Principles of Nutrition (offered in fall) <b>OR</b> WELL 461: Nutrition for Special Needs (offered in spring)	3		

#### Health Elective (3 Hours)

	Course	Hours	Transfer/Substitution/Notes	Final Grade
Students will complete one of the electives from the list that follow:				
	WELL 131: First Aid and Safety Education	3		
	WELL 252: Mental Health	3		
	WELL 272: Drugs and Society	3		
	WELL 350: Administration of Public Health	3		
	WELL 361: Principles of Nutrition	3		
	WELL 451: School and Community Health Workshop	3		
	WELL 461: Nutrition for Special Needs	3		
	WELL 485: Health Promotion Internship	3-6		
	WELL 495: Independent Study	3		

#### Physical Education Activity Courses (4 Hours)

	Course	Hours	Transfer/Substitution/Notes	Final Grade
Students will complete four Physical Education activity courses.				
	PHED 1____:	1		
	PHED 1____:	1		
	PHED 1____:	1		
	PHED 1____:	1		