

UNION

C O L L E G E

Health Minor 25 Hours

Student

ID#

Advisor

Required Courses (18 Hours)

| | Course | Hours | Transfer/Substitution/Notes | Final Grade |
|--|---|-------|-----------------------------|-------------|
| | PHED 351: Tests and Measurements in Health & Physical Education | 3 | | |
| | WELL 178: Life Choices | 3 | | |
| | WELL 275: Foundations of Health Science *Only offered in winter and spring terms | 3 | | |
| | WELL 340: Anatomy and Physiology *Only offered in the fall | 3 | | |
| | WELL 475: Critical Areas in Health | 3 | | |
| | WELL 361: Principles of Nutrition (offered in fall) OR WELL 461: Nutrition for Special Needs (offered in spring) | 3 | | |

Health Elective (3 Hours)

| | Course | Hours | Transfer/Substitution/Notes | Final Grade |
|--|--|-------|-----------------------------|-------------|
| Students will complete one of the electives from the list that follow: | | | | |
| | WELL 131: First Aid and Safety Education | 3 | | |
| | WELL 252: Mental Health | 3 | | |
| | WELL 272: Drugs and Society | 3 | | |
| | WELL 350: Administration of Public Health | 3 | | |
| | WELL 361: Principles of Nutrition | 3 | | |
| | WELL 451: School and Community Health Workshop | 3 | | |
| | WELL 461: Nutrition for Special Needs | 3 | | |
| | WELL 485: Health Promotion Internship | 3-6 | | |
| | WELL 495: Independent Study | 3 | | |

Physical Education Activity Courses (4 Hours)

| | Course | Hours | Transfer/Substitution/Notes | Final Grade |
|--|-------------|-------|-----------------------------|-------------|
| Students will complete four Physical Education activity courses. | | | | |
| | PHED 1____: | 1 | | |
| | PHED 1____: | 1 | | |
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